

Spa Secrets

New look Summer 2011 issue – *Spa Secrets*
New features, great subs offer & win a trip to Bali

See the 22-page ezine
www.spasecretsmagazine.com/summer2011

For immediate release

(LONDON, UK) 20 July 2011: The 164-page Summer issue of *Spa Secrets* has had its very own makeover so why not take a look? With vamped up features, content and some great lifestyle ideas it's the must-have magazine for the woman of today.

Katie Reich-Storer, *Spa Secrets* editor, says: "Whether it's a fashion, spa, health, travel or spiritual dilemma, we're here with some great ideas, a fresh new look and a range of beauty and wellbeing features."

"If you know the importance of me-time to spa, dine and style your life in a way that suits you, whether it's at home or away – we've got you covered. Why not pick us up and find out what you could be missing..."

Take a sneak peak at the 22-page 'teaser' magazine at:
www.spasecretsmagazine.com/summer11

What's new

- **The big question:** Every issue we'll be tackling the 'big questions' making an impact on our lives. This issue we're asking: What makes you happy?
- **The scene:** What are the latest beauty, spa and salon innovations? We round up this season's best new products and update you on the latest news
- **Trends:** Our new sections tackle the latest fads from fashion, to beauty and nutrition.
- New **Beauty** and **Wellbeing** features including – how to get the perfect summer holiday body from **Top to Toe**; a complete guide to **Summer beauty** – from safe tanning to must-have products; and a new fat-freezing technique and tackling cellulite in **Skin Deep**
- **Travel:** Pampers & Pampering – luxury, spa and kids? Is it doable – we say yes



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- Or take a look-see at our Grand Opening: inside London's updated and uber-cool St Pancras Renaissance hotel
- **Competition:** A seven-night out of this world holistic holiday for two, in Bali with Alila Hotels and Thai Airways

Also in this issue

- Expert tips: Make-up artist Jemma Kidd picks out four key looks
- Sophie Ellis-Bextor on her new album and beauty secrets
- Healthy eating & exercise features and trends
- And our usual round of spa and hotel reviews...

For more information visit www.spasecretsmagazine.com

Note to the editors

- Spa Secrets Magazine is currently available in Selfridges, Harrods, Tesco, 100 London Marks & Spencer stores and health and fitness centres — and is distributed, free of charge, to a controlled circulation.
- Or subscribe to **five issues of Spa Secrets Magazine** for £9.99* (+ P&P for overseas) and you could receive a free Elemis product worth £46 while stocks last. To subscribe call: t: +44 (0) 207 2553 9909 or email your details to: info@spasecretsmagazine.com
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